

SURGERY NEWSLETTER

AUGUST 2026



JULY ACTIVITY DASHBOARD



INTERNATIONAL OVERDOSE AWARENESS DAY



31st August is International Overdose Awareness Day which is a global campaign to end overdoses, reduce the stigma of drug-related deaths, and acknowledge the grief of families left behind.

Overdose continues to affect every community. Yet it can be prevented. We know how to reduce risk and keep people safe. By speaking openly, learning from one another, and treating each other with care and respect, we build a world where fewer lives are lost.

Overdose can happen by accident or intentionally. If you or someone else has taken an overdose, **call 999 or go to your nearest A&E immediately.**

You can help prevent accidental overdose and poisoning by keeping medications out of reach of children, using a system to track regular medications and reading medication information leaflets carefully. If you have queries about your medication or how to take it, speak to your dispensing pharmacy.

WORLD BREASTFEEDING AWARENESS WEEK



World Breastfeeding Week is a global campaign celebrated annually from 1st August to 7th August to raise awareness about the benefits of breastfeeding and highlight the importance of sustainable support for mothers.

There are a range of health benefits to both Mum and baby. Breastfeeding provides ideal nutrition and antibodies, lowers the risk of infections and diseases in infants, and reduces the risk of breast and ovarian cancers in mothers.

Breastfeeding can be difficult for some and it is important to know that support is available if you are trying to breastfeed. In the UK, the NHS and local health visiting teams offer free guidance, peer support, and resources to help mothers achieve their feeding goals.

The best alternatives to direct breastfeeding are expressed breast milk or medically approved infant formula. Both can be fed to your baby using a bottle, a small cup, or a syringe. For babies under 12 months, infant formula is the only safe substitute to breast milk.

To find out more about breastfeeding, including tips, support and guidance, visit:

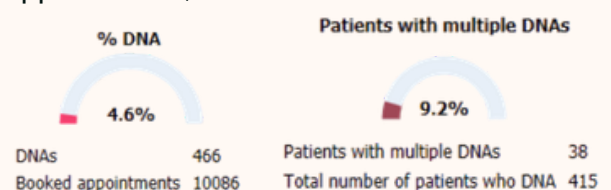
<https://shorturl.at/2hPI0>



MISSED APPOINTMENTS



In the month of July 2026, there were 466 missed appointments and 38 patients who missed more than one appointment.



SUPPORT FOR CARERS



Do you act as a caregiver for a parent, child, spouse, or other loved one?

If so we recognise that you're likely to face a host of new responsibilities, many of which are unfamiliar or intimidating. At times, you may feel overwhelmed and alone. But despite its challenges, caregiving can also be rewarding. And there are a lot of things you can do to make the caregiving process easier and more pleasurable for both you and your loved one. These tips can help you get the support you need while caring for someone you love in way that may benefit both of you.

If you are a carer, please let the practice know so that it can be recorded on your records. You will be invited to carer's events and information sessions and will be offered an annual flu vaccination.

If you are a patient who has a carer, it helps to let the practice know their contact details so this can be noted in case we need to get in touch about your health.

For additional local support, Carers Trust Heart of England can be contacted on 02476 632972 Visit: <https://www.carerstrusthofe.org.uk/> for more information



ONLINE FRIENDS & FAMILY TEST

The practice has extended our Friends & Family test and responses can now be submitted online.

Friends and Family Test - Forum Health Centre



PRACTICE TRAINING AFTERNOONS

Our team are committed to providing high quality patient care and staying up to date with the latest clinical guidance.

All clinical and non-clinical staff are required to complete regular mandatory training.

GP Practices across Coventry are closed for staff training on the following dates:

- Weds 16th September 2026
- Weds 7th October 2026
- Weds 18th November 2026



NEXT PPG MEETING



Our next patient participation group meeting is scheduled for **Monday 10th August at 6pm**. If you would like to join our patient participation group please email the practice: forum.health@nhs.net. The group meets bi-monthly to discuss practice matters, updates to our local healthcare services and our local Primary Care Network.

Think pharmacy first

Subject to age eligibility, including 5 years and over for sore throat prescription medicine. Service available at majority of pharmacies.

See your pharmacist

Help us help you

TELL US HOW WE'RE DOING!

The team at Forum Health Centre work very hard to provide a high quality and responsive service to our patients but we are always looking for ways to improve our service and listen to what our patients have to say.

There are lots of ways for patients to have their say and we would love to hear from you with any comments you may have as to how we can improve our service to you.



Forum.Health@nhs.net



@ForumGPs



@ForumGPs



024 76 266370



Comments cards are available in reception and we have a patient participation group who meet regularly.